

SOUTH CAROLINA
DEPARTMENT OF
MENTAL HEALTH

ANNUAL REPORT
1976-77



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Ward visitation was also expanded in the Library Therapy Section and as was the custom for several years, a program for the deaf and blind patients was provided with full participation for those patients. Many valuable additions to the medical library have continued to be received. The hospital staff as well as the patients made full use of the Library and its facilities.

The Occupational Therapy Workshops under the supervision of three Certified Occupational Therapy Assistants and one O.T. assistant continued to work with many patients. Many workshops, meetings, and other training instruction were attended throughout the year.

CHAPLAINCY DIVISION

Pastoral services were provided by a staff composed of four full time chaplains, one part time Catholic priest, a Rabbi on call, and four part time retired community clergymen. A total of 825 worship and ward devotional services was held. Interviews were conducted with 987 newly admitted patients; 456 counseling sessions with patients; 187 with relatives, pastors, et al., concerning the patients' needs; 97 group sessions were conducted. More than 24,000 brief pastoral visits were made during the year.

The teaching ministry included lectures to nursing staff and seminars for theological interns from South Carolina State Hospital and Hall Institute.

The third annual workshop, "Meeting The Needs Of The Elderly," was conducted in January, led by Dr. Herbert Shore, Dallas, Texas. There were 350 participants including clergy, church leaders, and professional workers from state and community agencies serving the elderly.

NURSING SERVICE

Nursing has progressed in developing, revising and/or reviewing policies and procedures which were essential in improving the overall functioning as well as meeting established philosophy and standards. This has also involved and improved nursing communications and functioning with other departments in the hospital.

Tools developed by nursing have helped provide consistent patient care follow-up as well as reduced the number of unexplainable accidents and injuries. Continued vigilance was applied to have personnel be accountable for the care of patients and to obtain adequate medical treatment for patients.

Nursing will continue to focus on establishing therapeutic treatment programs for patients; however, progress has been hampered by a high

ing Board. This Board's approval is needed every five years and it will be the following year in which approval once more will be pending. The program continues with five interns from various universities with approved training programs of their own. Interns are closely supervised in psychological evaluation, psychotherapy both individual and group, research, consultation, team meeting, and community mental health work.

Both the interns and the staff members have been active in teaching and training in other disciplines. The staff members give lectures and presentations in the Psychiatric Residency Program, the staff members and the interns give lectures in the area of nursing training and some of the other disciplines. These presentations have to do with behavior therapy, gestalt therapy, rational-emotive therapy, reality therapy, child and adolescent therapy, and play therapy. Psychology maintains its training and consultation role in the Day Treatment Center of the Child and Adolescent Psychiatry Section.

Psychology maintains its NIMH support for its training program and is in the process of applying for a new grant. We are also in the process of applying for a grant from various foundations for biofeedback equipment. The biofeedback equipment would enable psychology and other professional disciplines of the Institute to engage in research in this particular area as well as provide for service and clinical demands.

Members of the staff continue their work in developing measuring scales to do research on the dynamics of healthy families and in new family assessment devices. Members of the psychology staff have completed six professional papers during the year, four of which have been accepted for publication.

NURSING EDUCATION PROGRAM

This program offers a 12-week course in psychiatric nursing for diploma and associate degree nursing students. Graduate nurses who have never had the course or failed state boards in psychiatric nursing are also accepted. During the year ninety-four nursing students from Orangeburg Regional Hospital, Coastal Carolina-USC, and York Technical-USC Lancaster completed the program.

PASTORAL EDUCATION PROGRAM

Three out of the four chaplain residents, who completed their Clinical Pastoral Residency year in August, 1976, remained in the state of South Carolina to assume various full-time pastoral positions in churches and agencies. Four chaplain residents began the year long Clinical Pastoral Residency program in September, 1976, and four Chaplain Trainees

started the three month basic clinical pastoral education program in June, 1977.

The second annual "Clinical Pastoral Education in Pilgrimage" program began in September, 1976 with the format of one-day-a-week for nine months for community clergy who are desirous of participating in an educational program at Hall Institute combining their full-time parish work with certified clinical education. Three community clergy were graduated from this program during the year.

The sixth annual "Theology and Therapy" undergraduate clinical program at the Hall Institute was offered during January, 1976, to four pretheological and pre-medical students from Wofford College. This clinical interim project has pre-graduate school purposes of assisting the college student in his or her understanding of mental illness, the study of the interrelationship between religion and mental health, and pre-professional reflection on religion and medicine.

There were five programs in the Institute's *Continuing Education Series for Community Clergy* offered to community clergy and other pastoral workers in 1976-77. These one and two day programs were well attended averaging over seventy clergymen per program. There has been a total of 28 different programs and 1,198 participants in the overall *Continuing Education for Community Clergy* since its inception in 1971 at the Institute.

There were a variety of community education services and committee participation provided by Pastoral Education Program to community groups, churches, agencies, and associations.

Staff members from Pastoral Education Program had papers published in two professional journals. The Chief, Pastoral Education Program was invited to make the opening address at the Annual Convention of the Association of Mental Health Clergy in Toronto, Canada, on May 2, 1977.

There were 272 community clergy, undergraduate students, and seminary students who participated in the full-time, part-time, and continuing education programs of Pastoral Education Service during the 1976-77 fiscal year.

SOCIAL WORK PLACEMENT PROGRAM

The Social Work Placement Program had four second-year students for the year, utilizing three areas for basic training; however, in the second semester, students continued to work with selected patients who were transferred to other services or discharged and thus were able to see continuity of service to their patients and observe a variety of settings. Family therapy continued to be a major focus and all students fully utilized video as a teaching aid.