

One Hundred and Thirty Fourth
ANNUAL REPORT
OF THE
South Carolina State Hospital
FOR THE YEAR ENDING JUNE 30, 1957



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State Budget and Control Board

A group of approximately 20 to 30 women patients went to Pineland, A State Training School, adjacent to the State Park Division, daily to assist with the children. Many of these patients with children at home learned how to better care for them when improvement warrants their leaving the hospital.

With the supervision of the school faculty some patients having college training helped in the school program for the Pineland trainees.

In one building patients were organized to conduct daily religious ward services, and to teach the illiterate ones to read.

Realizing that improvement in personal appearance is one of the essentials in efforts toward recovery, each ward of the women's service was equipped with materials for this purpose, including the straightening and the curling of hair. Many were well enough to visit the sewing room to mend their clothing. In some areas irons and ironing boards were provided. Religious and recreation activities are motivations for good grooming and every encouragement was afforded.

The intensive flower garden program initiated to reach the older and regressed patients was well worthwhile, many heretofore not interested in any project taking an active part. Gifts from the Trinity Episcopal Church in Columbia of gardening equipment and a large picture to be used as a prize for the best flower garden were incentives for success, and were greatly appreciated.

A daily average of 807 men was actively interested in dining room work, in the kitchen and laundry, at the poultry farm and various gardens, in the yard and coal details, throughout the wards, chaplaincy service, recreation, messenger service, etc.

OCCUPATIONAL THERAPY

Columbia Division:

Since the transfer of the Columbia Division section to the larger area on the first floor of the Benet Auditorium in January 1956 there has been expansion of activities and accomplishments.

The accessibility of this section enabled many more visitors being conducted through the hospital to view work in the occupational therapy shop.

Among the accomplishments during the year were the removal of wiring from five thousand rejected electric blankets which made them usable by the hospital; the repair of three instruments for the music therapy section; and the repair of many articles of ward furniture.

Much improvement was shown in the watch and jewelry repair projects.

Patients in the Allan and Saunders Buildings continued interested in this activity with improvement in various skills.

During the year fourteen hundred throw rugs were completed; and every month from four to eight dozen bedroom slides and dozens of chair cushions were made.

Ceramics, woodwork and various types of needlecraft—rugs, embroidered center pieces, handbags, berets, etc.—were again popular with men and women.

The newest project was the display at Trinity Episcopal Church in Columbia of saleable doll beds, antique milking stools, reed trays, ceramics, etc.

The small garden for a group from this section provided diversion and the pleasure of supplying flowers frequently for church services, as well as for several wards and offices.

In the overall occupational therapy activities at the Columbia Division during the year 490 patients participated, with a daily average of 65.

State Park Division:

At the State Park Division occupational therapy was still limited although there was some expansion.

Considerable work was accomplished with crocheted and embroidered items, and in the making of costume jewelry, as well as quilts from scrap materials.

CHURCH BUILDING FUND

The well equipped Benet Auditorium, Columbia Division, and the Fisher Auditorium, State Park Division, with easy access, continued to enable many more patients to attend church services, and to permit expansion of religious activities. The small auditorium in the Williams Building served as a chapel for patients there.

These facilities meet a great need, but there still exists a necessity for an adequate structure devoted to religious activities at both the Columbia and the State Park Divisions.

The fund for the proposed building devoted to religious services at the Columbia Division was initiated by white patients in November 1943, with additional contributions since then from them, from relatives, friends and organizations, and the few gifts during the past year slightly increased the more than \$60,000.00 already available for that purpose. This amount was made possible by matching the \$30,000.00 appropriation of the General Assembly.

Plans are being formulated for intensive efforts to be made within the near future to secure funds required for adequate chapels at both divisions of the hospital.

LIBRARY SECTION

The activities of the Horger Library, Columbia Division, and those of the library located in the Fisher Auditorium at the State Park Division, continued on a multiple purpose level—diversional, educational and therapeutic.

However, in the past year a definite advance was made in services rendered to the patients. More individuals were contacted in the library and on the wards; more patients were referred by physicians, nursing and other personnel, and more group activity was sponsored.

Reading Service to Patients:

A total of 1,451 individuals borrowed material or used material in the reading rooms of both the Columbia and the State Park Division. Circulation totaled 27,737.

The library purchased 221 books, and 310 were added to the collections through contributions.

Periodicals were distributed regularly to 71 wards of the hospital. A total contribution of 62,120 periodicals made this service possible. The library purchased 37 periodical subscriptions, and 23 were contributed.

Regular visits were made to provide reading material on wards where the patients were unable to visit the library.

Patient Group Activity:

In addition to the Patients Library Club and the Library Committee, which were fairly well established, a Book Club and a Library Garden Group were sponsored.

The activities of these groups not only afforded the patients pleasure and an opportunity to identify with a group, but served as one means of remotivation and stimulation in acquiring new and broader interests.

The groups selected officers and planned the activities and programs. The use of audio-visual aids, occasional outside speakers, book reviews and discussions, and current events programs were among the group activities which served as a link with the world outside the hospital.

A patient group assisted in selecting and editing material for the library section of the hospital newspaper.

There was a total of 111 group meetings during the year. Even though the therapeutic value was well demonstrated in many individual patients, the limited professional staff of the library prevented further development of this phase of hospital library service.

Medical Library:

During the year 40 books were purchased, and 20 journals were received through subscription. Circulation totaled 754, and 191 individuals borrowed material.

Personnel:

A library assistant from the psychiatric aide group at the State Park Division was assigned on a part time basis to have charge of the reading room in the Fisher Auditorium.

A group of 8 patient volunteers at the Columbia Division rendered valuable service by performing such routine duties as typing, filing, sorting periodicals, keeping circulation records, shelving, processing and repairing books. One patient volunteer, a librarian, rendered professional assistance in cataloguing.

Two affiliate student nurses were assigned monthly to the library as a part of their psychiatric training program.

Talks were made to each group in the orientation course for psychiatric aides, and to students in the clinical pastoral training course.

Appreciation:

There is deep appreciation for the generosity and thoughtfulness of many individuals and groups who gave periodicals and books.

RECREATION THERAPY**Columbia Division**

The recreation therapy section, Columbia Division, composed of a director and volunteer patient aides, assisted by affiliate student nurses assigned bimonthly, promoted a varied program of activities for the pleasure, relaxation and social rehabilitation of the patients.

Summary of Activities:

The social program provided 65 hospital-wide dances in the Benet Auditorium.

Play periods, numbering 60, composed of ballroom dancing, square and folk dancing, social games and group singing were promoted in the auditorium and on the wards; 11 card parties and 5 club parties were given. Remote wards were scheduled 21 times in rotation at the Benet Auditorium program of folk dancing, rhythmic, singing and exercises.

"Club 60", a club for oldsters to get together, enjoyed meeting 42 times.

Composed of patients rehearsed by the director, 3 variety shows were presented in the auditorium.

Halloween cabaret dance and floor show in the women's dining hall. The first part of the floor show was presented by patients, wearing formals; the second part by the Theodora Lee School of Ballet and Art, Columbia. Two cake walks completed the extra features. Refreshments were served.

Thanksgiving and Christmas dances were in the Benet Auditorium with music on both occasions contributed by an orchestra of the Columbia Federation of Musicians, Local 21, led by Professor Ben A. Gardner.

The dining hall and the auditorium were gaily decorated for these seasonal dances.

A seventh recreation birthday dance.

The Theodora Lee School of Ballet presented two elaborately costumed ballets.

A variety show by the Shaw Air Base personnel was enjoyed. The Dixie Ramblers, Columbia, members of Local 21, played for a square dance.

Wards rotated in sending 20 men weekly to the Township Auditorium in the city for the professional wrestling matches. This was made possible by the generosity of Henry Marcus, wrestling promoter.

In the Benet and Williams Auditoriums, and on many wards with patient volunteer projectionists, 283 selected movies were shown.

There were 328 bingo games throughout the hospital, played competitively so those unable to participate in active games had an opportunity to feel the zest of competition.

Table games of cards, checkers, jigsaw puzzles, etc. were in constant operation in the dayrooms and "play spots" on the grounds. Pool continued to be enjoyed on 3 wards.

Television and radios provided pleasure and a means of keeping pace with outside affairs.

Outdoor sports included croquet, volley ball, horseshoes and goal back. Civic, commercial and church teams engaged the men patients in 26 softball games. They competed with hospital personnel 17 times, and played numerous games among themselves. The director supervised and scored all games played on the hospital field. Play was suspended until another site was graded on a new location. Groups of personnel, interns and ministerial students provided continuous opposition for the patient teams; and the affiliate student nurses added greatly to the interest of these late afternoon games.

In the Benet Auditorium 6 ping pong tournaments were promoted. Many employees and patients enjoyed games during the lunch hour and in the afternoon.

A daily program of selected music was broadcast to the wards, on the grounds, in dining halls and to assembled audiences in auditoriums.

Christmas decorations were ordered and distributed by the recreation section to the Columbia and State Park Divisions. After the holidays each ward supply was inventoried and returned for recreation storage.

Repairs for TV and radios were arranged with the business manager's office through the recreation office.

During the recent selection of the psychiatric aides of the year the publicity in "Palmetto Variety", the distribution and collection of ballot boxes were handled by the recreation therapy director.

By invitation, the director represented psychiatry and spoke on "Recreation in Psychiatry" at the third Southern Regional Institute on Hospital Recreation, University of North Carolina, Chapel Hill, N. C., April 28-31, 1957.

The hospital newspaper, "Palmetto Variety" continued to increase in size and value with contributions from patients and personnel of both divisions of the hospital. The recreation director edited the news, planned the layouts and prepared sketches for the newspaper. The masters were typed by a patient and sent to the hospital multilith office where 1050 copies each month were made. Patients helped to assemble, staple and distribute the newspapers throughout both divisions. Copies were sent to the hospital superintendents and recreation directors in many States, and to hospital volunteers and others interested.

There is still need for a station wagon for transportation of equipment and workers, a grandstand for the athletic field, a dugout, and an additional softball area, a swimming pool and several tennis courts.

This table gives some idea of the scope of recreation activities and the great number of patients involved: