

Of course it will not be until late 1981 when the verdict is in — when State Hospital and Crafts-Farrow are again surveyed by the Joint Commission. We will remain optimistic.

During the year work finally got underway on the construction of the 300-bed Frank L. Roddey Pavilion on the campus of the C. M. Tucker Jr. Human Resources Center on Harden Street. On completing and opening in about two years patients housed in this pavilion will be provided long term intermediate nursing care under medical supervision for medical and psychiatric conditions.

Through intra-departmental transfer patients needing long term intermediate nursing care who are quartered in other Department facilities will occupy this modern facility. Program planning is designed to provide total care, facilities for physical therapy, occupational therapy, recreational therapy, speech and hearing therapy and music therapy. Programs in chaplaincy and social work services will be available to provide counseling and personal assistance.

Roddey Pavilion is named after the late Sen. Frank L. Roddey of Lancaster who was always most supportive of plans and programs for progress of the Department of Mental Health.

The Department still looks forward to the beginning of construction of Village B, the second regional psychiatric hospital which is to be built near Anderson. Most legislative hurdles have apparently been cleared and the Department only awaits a firm word to proceed (passage of the Bond Act).

The Village System originally projected four regional hospitals. The first, the G. Werber Bryan Psychiatric Hospital, near Columbia, is already operational. Other facilities were projected for the Pee Dee and the Lower Coastal regions of the state, but the need for these are now unclear.

A major plan of the Department was presented before the Annual Judicial Conference, received their approbation, and will be implemented in the form of a pilot project at S. C. State Hospital. This is a program for the determination of capacity to stand trial on an outpatient basis for the counties of Lexington, Richland and Fairfield, during the fiscal year 1982. This procedure would only involve those patients accused of nonviolent crimes. Our plan is to have these persons brought to the S. C. State Hospital to be evaluated by a specially trained interdisciplinary team. Those persons who require hospitalization and/or additional testing will be admitted for observation and/or treatment.

Our objective in this program is to reduce admissions for capacity to stand trial by 50% from these three counties. This will result in significant savings in hospital resources.

Of historical note, the last patients were transferred out of the Babcock Building in order for SCSH to retain its certification by the JCAH and to make room for future development of patient care facilities. But,

the State Board of Review of the National Register of Historic Places voted to recommend that the Babcock Building be placed on the National Register despite our plea that the building's central location on the hospital campus is badly needed for modern facilities. The nomination will be considered by the Department of Interior in October of 1981, making demolition of the building subject to approval by the city Landmarks Commission. The delay and total lack of progress in the construction of replacement buildings as provided for in the Department's Permanent Improvement Plan is a discouragement of major projects.

OFFICE OF THE STATE COMMISSIONER

The Office of the S. C. State Commissioner of Mental Health consists of the Commissioner (Dr. William S. Hall), an Administrative Assistant II, and an Executive Secretary.

Dr. Hall has served in this capacity since July 1, 1963. As the chief executive of the department it is his responsibility to administer the policies, rules and regulations established by the S. C. Mental Health Commission. He is appointed by this Commission, which is the governing board of the department and whose members are appointed by the Governor and confirmed by the state senate.

The Commissioner must be a medical doctor licensed in S. C. with approved training and experience in psychiatry. The Commissioner has the power to appoint and, at his discretion, remove all other officers and employees of the department (subject to the approval of the Mental Health Commission).

The Commissioner acts as the immediate supervisor of the Office of Public Affairs and the deputy commissioners who are responsible for the various operations and services of the divisions of the department.

ASSISTANT FOR EXECUTIVE AFFAIRS, OFFICE OF GENERAL COUNCIL

During this past year, the Office of General Counsel assumed greater responsibilities in the areas of Legislative affairs and media relations. The addition of one attorney and a legal secretary enabled the office to continue the enforcement of claims and liens for medical care and maintenance rendered to patients. In addition, the office became more involved in the concept of risk management as a means of decreasing potential liability and improving patient care. Significant effort was also made to maximize patient eligibility for Medicaid benefits as a consequence of changes in Federal Regulations.

Additional duties included reviewing all Departmental contracts, providing guidance regarding employee/employer relations, implementing the requirements of the Administrative Procedures Act, pro-

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DEPARTMENT OF ARCHIVES AND HISTORY

The Department of Archives and History continued to be visited by hundreds of local, state and out of state personnel interested in the unusual beauty of the facility and the wealth of available information.

There were numerous inquiries referable to family data in the hospital records, many bringing forth often unusual situations. Department of South Carolina Mental Health personnel, medical staff and others from throughout South Carolina and elsewhere came for information and indepth research, several remaining for a week to study records. Many inquiries came by mail. Notices in travel publications resulted in inquiries and out of state visitors.

The regular tours and orientation for hospital inservice educational training groups will be resumed when there is relief from the personnel crisis. Other groups and individuals from the S. C. Department of Mental Health came for similar visits and information. The Consultant-Director interpreted the history and progressive care for the mentally ill in South Carolina, and explained the many meaningful portraits, maps, beautiful antique furniture, etc. Especially stressed to hospital personnel were the progress in mental health care; the privileges, importance of each one's position, and opportunities afforded in efficiently caring for the patients entrusted to them.

Several committees and groups within the official framework and from the city met in the Archives.

South Carolina was the second state in the nation to officially authorize and finance a hospital for the mentally ill by Act 2269 of the S. C. General Assembly on December 20, 1821. The first such officially authorized mental hospital was in 1773 at Williamsburg, Virginia.

The Mills Building (originally the S. C. Lunatic Asylum) with the corner stone laid on July 22, 1822, was declared ready for patients December 18, 1827. The first patient, a young white woman from Barnwell District, South Carolina, was admitted December 12, 1828.

The Mills Building is the oldest state mental hospital in the nation in continuous use. Unoccupied by patients since 1937 this has for many years been a multiple purpose facility.

Among the treasures are two plaques from the United States Department of the Interior stating that the Department of Archives and History and the Mills Building were entered on the National Register of Historic Places under the provisions of the National Historic Preservation Act of 1966 for historic significance.

Many portraits and photographs are meaningful — Act 2269, December 20, 1821 and other Acts when name of hospital was changed in 1896 and 1920 — Robert Mills, internationally known South Carolina architect, and copies of his designs for the Lunatic Asylum (Mills Building) — two legislative founders, 1821, Colonel Samuel Farrow of Spar-

tarburg, known as the Father of the Asylum, and Major William Craft of Charleston— Dr. John Waring Parker, the first medical superintendent — all the medical superintendents of the S. C. State Hospital — and others of importance.

There are four stained glass windows and the ancient chandelier from the 1884 chapel located in the now-termed Babcock Building.

The Mills Building represents a remarkable period in South Carolina history. The beautiful vaulted ceilings, graceful, steep, curved stairs, spiral stairs from the second to fifth floor, different size windows on each floor, split levels, various sizes, shapes and colors of handmade brick on the outer walls, the FIRST roof gardens, all are an imposing, enduring monument to the creative genius and humanitarianism of Robert Mills.

Visitors and personnel are encouraged to view this unusual and lovely Mills Building and the Department of Archives and History located in the East wing, ground level.

The Consultant-Director, Mrs. Inez Nolan Fripp, who created and continues to develop the Archives, was distinctly honored by the S. C. Department of Mental Health on Wednesday, October 29, 1980, by the unveiling of her portrait by Dr. William S. Hall, State Commissioner of Mental Health, and a reception in the SCDMH Administration Building.

In the history of mental health in South Carolina, this was the first portrait of a woman officially ordered and presented by the S. C. Department of Mental Health.

For several months the portrait of Mrs. Marjorie Smith of Columbia was in the Commissioners conference room, then transferred to the Archives.

Sincere appreciation is expressed to Dr. Hall and to the Deputy Commissioner of Administrative Services for their thoughtfulness and generosity.

The Commissioners further officially recognized Mrs. Fripp by naming the drive around the Mills Building the Fripp Circle.

The Engineering Division Grounds Superintendent paid tribute to her by planting five oak trees on Pickens street in front of the Archives and six crimson crepe myrtle trees along the Fripp Drive to the south.

Deep appreciation is expressed to each who shared in this thoughtfulness.

DIVISION OF ADMINISTRATIVE SERVICES

ENGINEERING AND PLANNING SECTION

The Engineering & Planning Section is assigned the responsibility of the planning, design and implementation of capital improvement projects and the coordinating of all construction to meet the program needs

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for the Department of Mental Health, as it relates to new or renovated facilities.

The past year the Engineering and Planning Section has been involved with the following projects:

SOUTH CAROLINA DEPARTMENT OF MENTAL HEALTH

1. The Village "B" project for the Piedmont Region has progressed during the year. The Mental Health Commission and the Village System Planning Committee has approved the Design Development Phase and the Architect/Engineer Consultant is now working on the Construction Document Phase.
2. The Engineering and Planning Section has evaluated and made recommendations for the Reroofing of the Project COIL Dormitories. Awaiting approval from the S. C. Budget and Control Board.
3. The Range Hood Extinguishing Systems project for the Department has been approved. Documents were prepared for bidding and the contract was awarded for the installation.

CRAFTS-FARROW STATE HOSPITAL

1. Reroofing of Shand and Davis Buildings has been completed.
2. The 88 Bed Facility is awaiting approval from the S. C. Budget and Control Board.
3. The Smoke and/or Fire Dampers for various buildings throughout the campus have been approved and plans are underway for developing bid documents.

MORRIS VILLAGE

1. Reroofing of all buildings has been completed.
2. Fencing of the facility has been completed.

SOUTH CAROLINA STATE HOSPITAL

1. The Thompson Building has been demolished.
2. The Parker Building has been demolished.
3. The Construction Document Phase has been completed for the energy facility-downtown campus project. The awarding of the construction bids are at this time under consideration by the consultant.
4. Ditch fencing contract has been completed.
5. Reroofing of Allan, Preston, Cooper and Saunders is substantially complete.

G. M. TUCKER, JR., HUMAN RESOURCES CENTER

1. The award of the contract for the 300 bed addition (Frank L.

RECORDS MANAGEMENT

The microfilm section has filmed over 600 cartridges of film this year eliminating over 600 cubic feet of hard copy record while creating over 600 cubic feet of additional file space. Several projects began this year and includes filming cancelled checks for the Department's Finance Section, the locator at S. C. State Hospital, which is to be distributed to all facilities of the Department of Mental Health, and over 600 cartridges of old film at S. C. State Hospital containing medical records will be duplicated in order to produce security copies to be stored at the Department of Archives and History. These projects are expected to be completed by September of 1981.

INTERSTATE TRANSFERS

S. C. still maintains a 2 to 1 ratio in transferring patients to other states over receiving patients. In addition, the Interstate Transfer Coordinator has referred a number of patients to other Mental Health and Mental Retardation facilities in S. C.

SOUTH CAROLINA STATE HOSPITAL

Many of the goals established for FY '81 were attained. Primary in achievement was the closing of the Babcock Building to residential use. This required the cooperation and hard work of many staff and contributed to improved safety for hospital residents. Additional accomplishments were the installation and successful reopening of our Radiology Department, the strengthening of our Quality Assurance Program, the development of an effective treatment planning methodology, and the correction of many of our major life safety deficiencies. An accomplishment in which we take special pride is the accreditation of the Laboratory in the Byrnes Clinical Center by the College of American Pathologists. This accreditation is only achieved by laboratories practicing under the highest standards of efficiency and quality control.

There have been accomplishments; however, there were very discouraging setbacks during the fiscal year. Although the JCAH survey conducted in October 1980, reflected great progress, the final result was one-year accreditation rather than the maximum two-year decision. It will be necessary for the hospital to undergo an additional survey in October 1981. The greatest disappointment came as a result of budget cuts which necessitated the reduction in hospital staff of 192 positions. This had a severe impact upon the effective operation of the facility and we have experienced many challenges in attempting to provide accept-

able services with fewer employees. A discouragement of major progress has been the delay and total lack of progress in the construction of replacement buildings as provided for in the Department of Mental Health Permanent Improvement Plan. Modern facilities are urgently needed to replace antiquated, deteriorating patient care facilities.

Goals for Fiscal Year '81-'82

A. Construction of New Facility

Planning and development for the new facility came to a stop in the Fall of 1980 due to delays in the approval process. Our main objective for the coming fiscal year is to set this project in motion once again and obtain a firm completion date.

B. Accommodation of Reduction in Force

Due to the reduction in force which took place on June 15, 1981 some services are not adequately staffed to perform vital hospital functions. A particular concern for fiscal year '81-'82 will be to seek some method of restoring adequate housekeeping services within patient care buildings.

C. Patient Records

A new recordkeeping system was planned for FY '80-'81, however, delays were experienced in delivery of new charts and the new system was not implemented during this period. A goal for FY '81-'82 is to fully implement a new system and replace the present medical folder.

D. Hospital Staff Resources

With the aforementioned reduction in force it will be vitally necessary to obtain maximum productivity and effectiveness with the hospital staff remaining. Intensive evaluation of all our operating procedures and functions will be conducted to identify areas which may be streamlined and services which may be discontinued without substantially disrupting the accomplishment of our mission.

E. Accreditation

The Joint Commission on Accreditation of Hospitals will survey in October of 1981. Every effort will be made to obtain a two-year accreditation decision.

F. Canteen Operation

Negotiations began in FY '81 for the transfer of Canteen operational responsibility to the Commission for the Blind. Our goal in FY '82 is to refurbish the present building and turn its operation over to

the creation of one program. Improve the quality of casework and documentation as measured by routine audits.

The Activity Therapy department in Unit III offers our patients a specialized form of treatment by use of various activities. We focus on the total patient as structural groups (O.T. and Music), ward activities, community trips, special programs and events. During the past fiscal year, 25,639 patients were involved in community trips. Recreational Therapy Referral groups involved 326 patients for a total of 1,326 hours. Music Therapy referral groups involved 155 patients for a total of 406 hours. We are also providing recreational therapy on the Forensic Unit. The Activity Therapy Department goals for the next fiscal year include: to expand special groups, i.e., arts and crafts, woodworking, good grooming; to identify problem areas in Forensic Unit and provide needed services.

UNIT IV

Unit IV has continued to have three female wards and five male wards located in the Sanders and Allan Buildings. Clarendon, Sumner, Ingham and Lee Counties have been added to the Unit IV catchment area during this past fiscal year. There are also approximately thirty-five patients assigned to Unit IV who are not from these catchment areas.

Social Services in Unit IV achieved their goals set last year by improving the efficiency of programs as measured by a 50% reduction in the number of errors reported by audit and development of stronger discharge plans, as indicated by a total of one hundred ninety-six discharges over the past year, and only forty-six readmissions from the catchment area. There have been twenty-six patients discharged to alternate care and only two have returned. Random checking of social work records has contributed to the overall efficiency of the staff. Goals for fiscal year 1981-82 are to improve recording, and this will be measured by comparing social work recording with JCAH standards, and establishing social work priorities as effected by a reduction in staff.

Activity Therapy, Unit IV, achieved their overall programming goal of encouraging the patients to have as much input and assume as much responsibility as possible in the planning, implementation, and evaluation of activities. This was achieved through weekly Ward Government meetings. Due to the number of patients without personal funds and budget cutbacks affecting funds available for patient use, the Unit IV Activity Therapy Department will attempt to provide more individual money-making projects, (such as arts and crafts projects, etc.), and group fund raising events, (i.e., car washes, sausage biscuit sales, etc.) for those patients who are without personal funds. This will be the Unit IV Activity Therapy goal for fiscal year 1981-82.

Chaplaincy & Substance Abuse Unit. One is in Wards 156 and Allan Building next fiscal year and/or drug program. This is by a chaplain. Therapy Dept. mediate help purpose of A. returned to the

Psychology year by establish Unit IV Psychology index file for updated records tests administered relevant data

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dioxide, dry chemical, and water pressurized) were checked on each monthly inspection.

Four hundred forty-five employees attended the 22 orientations on the Fire Safety Procedures. Two films, "Code 1001" and "Prognosis-Safety" were viewed.

FOOD SERVICE

The Food Service Division endeavors to prepare and serve wholesome, attractive foods to patients and employees and to maintain good nutritional status for patients on regular and modified diets.

The Nutritionists function in assisting with developing and evaluating food service for patients and personnel by providing nutrition counseling for patients and patients' families, and in coordinating nutritional aspects of the patient's care via the medical record and treatment teams. The Nutritionist also acts as liaison between the Unit Medical Staff and Food Service.

Accomplishments in Food Service.

1. The dining room in the Babcock Building was closed and the patients were transferred to the Williams Building dining room.
2. A ten-week cycle menu was completed to include a greater variety of food items and was carried through the modified diet menus to facilitate more effective ordering of food.
3. A new tray system for modified diet was implemented to insure that the food is served at the proper temperature.
4. One Nutritionist completed traineeship for eligibility for American Diabetic Association membership.
5. The Nutritionists participated in the following continuing education program:
 - A. S. C. Dietetics Association Spring Meeting and S. C. Nutrition Council Annual Meeting both held on June 18 & 19, 1981.
 - B. Nutrition Update-Vegetarianism, University of N. C. School of Public Health held on May 26 & 27 & 28, 1981.
 - C. Nutrition and Behavior held on March 19 & 20, 1981.
 - D. Modern Concepts in Diabetes, July 23, 1980.
 - E. Roll of Nutrition in Changing Life Styles held on August 14, 1980.
 - F. Medical Charting held on August 26, 1980.
 - G. Nutrition for the Developmentally Disabled held on August 29 & 30, 1980.
6. Participation in S. C. State Hospital inservice program on "Diabetes."
7. A cooperative effort was made to effect changes in the menu from suggestions made by patients at the PAC meeting and as a result of the Food Acceptance Survey.

SOUTH CAROLINA
DEPARTMENT OF
MENTAL HEALTH

ANNUAL REPORT
1976-77



Printed Under the Direction of the
State Budget and Control Board

ENGINEERING AND PLANNING SECTION

Construction of the G. Werber Bryan Psychiatric Hospital (formerly called Village "A") is rapidly nearing completion. The landscaping and equipping of the various buildings should be accomplished by late fall.

The architectural selection for Village "B" in the Piedmont Region has been made by the Mental Health Commission and approved by the State Budget and Control Board. The Village Planning and Evaluation Committee is now obtaining data for development of plans for the facility. The size of the facility has been determined to be approximately 200 beds, of which, approximately forty would be for children and the remaining 160 for adults.

The Engineering and Planning Section is in the process of advertising for professional architectural/engineering services for two projects:

- a. Village "C" of the Pee Dee Region
- b. A Feasibility Study for the Mills Building and Surrounding Grounds

The Information and Fire Alarm System serving the facilities was plagued with various problems during the year, but completion is anticipated soon. The detector calibration level as required by the State Engineer's office was too sensitive and had to be re-calibrated to normal sensitivity level because of numerous false alarms.

The Warehouse Renovation and Addition is progressing at an acceptable pace, but it is doubtful that construction will be completed within the contract time.

Major projects for the improvement of existing facilities include the following:

Crafts-Farrow State Hospital

1. Supply and Linen Distribution is now substantially complete.
2. Electrical Upgrading is substantially complete.
3. Demolition and removal of poultry facility.

State Hospital

1. Air Conditioning Improvement to Byrnes Clinical Center is substantially complete.
2. Renovation and Air Conditioning of Thompson Building is pending Budget and Control Board approval of Engineering consultant services.
3. Demolition of Talley Building.

Carolina for students in social work, psychology, and counseling to perform practicums at the Center as part of their course work.

The Center is supported by the United Way of the Midlands, Title XX and private contributions. The total budget for 1976 was \$39,058 and we have an average monthly attendance of slightly over 1,000.

SOUTH CAROLINA STATE HOSPITAL

SUPERINTENDENT'S REPORT

The South Carolina State Hospital made progress during fiscal year 1976-77 in its efforts to improve the quality of treatment and adequacy of patient environment. Although progress was achieved, difficulties have been encountered which continue to severely strain our resources.

The hospital's three treatment programs — adult psychiatric, children's psychiatric, and medical-surgical — were surveyed by the Joint Commission on Accreditation during the fiscal year. Each of these surveys was under different standards and necessitated much effort and preparation by professional and administrative staff.

Only the children's program received full two year accreditation status, the adult and medical-surgical programs were accredited for one year. The success of the children's program is a reflection of commendable hard work by the staff and also indicative of the financial resources which have been committed to the program. While we are gratified that full accreditation was received, we also are aware that the adult programs necessarily have received less as the children's program was established with only partial supplementation by federal grant.

The adult psychiatric program, by far our largest, received less than full accreditation status. This was a bitter disappointment in as much as treatment and environment had improved markedly since prior surveys. Deficiencies were noted with which we agree, primarily as related to the physical environment. The hospital has redoubled its efforts to enhance living conditions by upgrading bathrooms, painting, replacing furniture, hanging pictures, and personalizing clothing. Personal grooming items have been made more accessible and the beginning of a productive grooming education project has been achieved. Other programmatic improvements have also been undertaken in response to Joint Commission recommendations. A staff of Clinical Dieticians has been organized and is now providing direct services to patients in regards dietary counseling.

Unfortunately, hospital resources have not been adequate to correct some of the deficiencies. Licensed nursing personnel have not been available in sufficient numbers to take over the total medicine depart-

ing functions. In addition, recently, our last Bulcock Buick modern safety staggering our building as the

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Making our declining admission the year was 2 census decline months follow real meaning to treat the number Hospital is at funding.

DEPARTMENT

The Department programs with purpose of do effective treatment with program of environment

Some Accomplishments

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The Food Service are now assigning. The food

The Housek well as improve

ing function within the hospital. We have not been funded to provide additional maintenance and housekeeping personnel. Most importantly, our largest and oldest building currently housing patients, the Babcock Building, has many features which are not in compliance with modern safety codes and cannot be brought into compliance without a staggering outlay of funds. We will seek to gradually close parts of the building as the patient census will allow.

The James F. Byrnes Clinical Center was surveyed under stringent medical acute-care standards for the first time this fiscal year. Although less than full accreditation was awarded, we feel that this was, in some aspects, a favorable result considering the severity of the standards and our lack of familiarity with this form of survey. Most of the deficiencies are correctable and involve organizational matters rather than patient care. All safety violations have been corrected.

Making our task more difficult this year was a reversal of the trend of declining admissions and patient census. The number of admissions for the year was 3,759 versus 3,564 for fiscal year 1975-76. Average daily census declined but this was misleading due to a decline in the fall months followed by a slightly upward trend. These statistics have a very real meaning for the hospital because this facility has not been funded to treat the number of patients being served. The South Carolina State Hospital is at present strained to the maximum in terms of facilities and funding.

DEPARTMENT OF ADMINISTRATIVE SERVICES

The Department has provided full support services to all treatment programs within the hospital. In general these services have been for the purpose of developing an environment in which safe, humane, and effective treatment can take place. Close cooperation and communications with professional personnel has been necessary as the importance of environment has come to be fully appreciated.

Some Accomplishments of the Department are as Follows:

The Engineering Branch has improved bathrooms, installed privacy partitions, upgraded nursing stations and medicine rooms. This has added to safety and quality of life.

The Supply and Service Branch has upgraded patients' furniture, clothing, and provided decorative items such as plants and paintings.

The Food Service Branch has added a new patient service. Dieticians are now assigned to treatment units to provide expert dietary counseling. The food and serving facilities have also been improved.

The Housekeeping Branch has added personnel and equipment as well as improved methods and procedures. Management has partici-